

Fun with Toddlers: Winter Theme

Sensory Activities to Do:

Snow in the Shower. When it snows, it's cold outside, which makes it hard for your child to enjoy the snow. Try bringing the snow inside!

Make sure your bathroom is nice and warm, then bring a big bucket of snow and dump it on the floor of your shower and put your child next to it with shovels and toys. As the snow melts, it disappears down the drain.

Ice Play

- Excavation: Use a loaf pan or bowls to make blocks of ice. Freeze items inside (e.g. plastic penguins or Legos) – give your child a toy hammer and other tools to excavate the toys. (You can have them sit on the shower floor or in an empty bath tub for easy clean-up.)
- Melting experiments: Give your child ice, water with pipets or eye droppers, salt to sprinkle, and tools to chip at the melting ice.

Rhymes to Say

Up the Mountain rhyme

Sit child on your lap

Up the mountain (*run your fingers up one of their arms*)

Down the other side (*then run fingers down their other arm*)

Brr it's cold out... (*hug them tight*)

Let's climb inside! (*tickle neck as you reach your fingers under their collar*)

Games to Play:

Indoor Snowball Fight. Make or buy big white pompoms, or soft white balls. Or just wad up a bunch of paper into balls. Fill a basket with them. Then spontaneously start snowball battles anytime you want to!

Books to Read:

The Snowman Story Book or The Snowman by Raymond Briggs.

Beautiful illustrations. Story of a snowman who comes to life.

The Red Sled or The Red Hat by Judge or The Mitten by Jan Brett. All three are stories of woodland creatures getting into mischief with children's belongings.

The Snowy Day by Ezra Keats. A little boy in the city enjoys a snowy day.

More ideas (and source citations) at: www.pinterest.com/bcparented and <http://gooddayswithkids.com/songs-and-activities/fun-with-toddlers/>



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