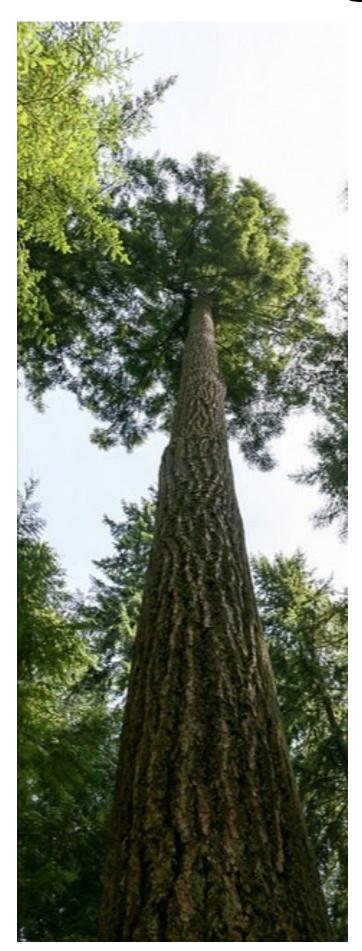


#### **Meet Our Northwest Native Plants**



# Douglas Fir





Meet Doug.

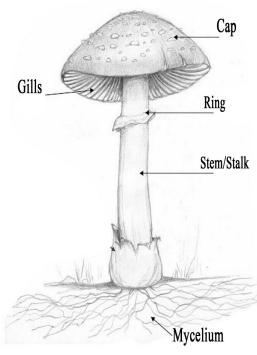
Douglas Fir Trees have a very tall trunk with rough bark. The branches are high up in the sky, and have prickly needles and pinecones.

Deer and elk eat young saplings. Chipmunks, squirrels and mice eat the seeds. Owls make nests in these trees. Humans use the wood for building and for making paper.



### Mushrooms







Mushrooms aren't plants, and they aren't animals. They are fungi. You can often find them growing on fallen trees.

The mushrooms you find in a grocery store are tasty and are good for your body. But never eat mushrooms you find outside—they may be poisonous and could make you sick.



# Salal







Salal has glossy dark green leaves. New twigs are reddish green, older branches are grayish brown. In the summer, they have small bell-shaped flowers, and in late summer, small round purplish black berries. The berries are edible, but don't taste as good as they look.



### Sword Fern





The fronds of a sword fern may remind you of a feather, and each individual leaf may look like a sword. On the back of the leaves, you'll find spores—these are like seeds for the fern and help new ferns to spread and grow.



# Western Red Cedar





Red cedar are as tall as a Douglas Fir, but they're very different. Cedar bark is soft and peels. Their branches are low to the ground with soft flat needles. They can live 1000 years.

Deer eat the needles, birds nest in trees. Native Americans used cedar to build houses and canoes and make clothing. Today, we use it for roofs, fences and boxes.





# Oregon Grape





Oregon Grape have paired glossy green leaves with serrated edges.

Their stems are reddish. In the spring, they have small yellow flowers. In late summer, they have blue berries that aren't glossy.

The fruit is edible but very tart. Some people make jam with the berries and a lot of sugar!



# Big Leaf Maple





Big leaf maples are also very tall trees. They are not evergreens, so their leaves change color in the fall, and they lose all their leaves in the winter. You can recognize them by their 5 fingered leaves, and helicopter seeds. Maple trees are used for furniture and flooring.







# Blackberries



Blackberries have thorns, white petals in the spring and fruit in late summer.

Blackberries are edible, and really yummy. Just watch out for the thorns!







Trailing Blackberries are native to this region. They have clusters of three leaves and their vines spread out across the ground.

#### A Song to Help You Remember these Plants:

A Douglas Fir, A Douglas Fir. A tiny little mushroom and a Douglas Fir. X2

Salal, and Sword Ferns. A tiny little mushroom and a Douglas Fir.

A Red Cedar, A Red Cedar. Some Oregon Grape and a Red Cedar. X2

Big Leaf Maple. Blackberries. Some Oregon Grape and a Red Cedar

#### Gestures to accompany the song:

For Douglas Fir, raise your hands high above you with the palms together—that helps us remember that Dougs have very tall trunks and branches up high.

For "a tiny little mushroom" – either you can can squat down, or if you're sitting, use two fingers to show something that's really tiny.

Salal – touch your thumbs together and touch your index fingers together to make a salal leaf shape.

Sword Fern – pretend to wield a sword.

For Red Cedar, spread your arms out to your sides, with the palms down to show red cedar's low branches.

For Oregon grape, use your fingers to draw a serrated leaf shape.

Big Leaf Maple, hold your hands up with the fingers spread to indicate the 5 points on a maple leaf.

Blackberries – pretend to eat berries!

The song is sung to the tune Aram-Sam-Sam.



# More Plants to Look For



**Indian Plum** 



Vinca



Herb Robert ("Stinky Bob")



Madrone